



## ASA Primary and Intermediate Schools League

The ASA Primary and Intermediate Schools League is an initiative by Auckland Swimming. In its inaugural year, league swimming creates opportunities for participation in swimming as an organised sport, with particular emphasis on team involvement.

The following Quick Facts are expanded further in this information pack:

### Quick Facts

#### How it works

There are two competition seasons available in 2016 (School Terms 2 & 3). Teams will be placed in groups for a seeding round. They will then be placed in divisions for four rounds culminating in a Divisional Final. The emphasis is on fun and participation, but with a real competitive edge.

There are 2 Competitions:

Primary Schools League

Each round will be approximately 30-35 minutes long.

Intermediate Schools League

Each round will be approximately 30-35 minutes long.

#### 2016 Competition Season 1 Dates

Round	Term 2 2016	Pool
1	14 <sup>th</sup> May (grading)	Cameron Pool, Mt Roskill
2	28 <sup>th</sup> May	Cameron Pool, Mt Roskill
3	4 <sup>th</sup> June	Cameron Pool, Mt Roskill
4	18 <sup>th</sup> June	Cameron Pool, Mt Roskill
5	2 <sup>nd</sup> July (final)	Cameron Pool, Mt Roskill

#### Competition Location

Competition is scheduled on Saturday afternoons and will be held for both 2016 seasons at the Cameron Pool, Mt Roskill. Divisions will be allocated a time slot for each round. The time slot will include a warm-up time.

#### Team Size

Minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers. ie 2-5 girls, 2-5 boys of each year.

Every swimmer, regardless of ability, will contribute to the overall team result.

Teams will be made up of swimmers as follows:

Primary School League school years 5/+ under and years 6

Intermediate School League school years 7 and year 8

Douglas Track Building, Trusts Arena,  
Central Park Drive, Henderson, Auckland 0610

P.O. Box 21241 Henderson

Phone: (09) 8371290

Email: [info@akswim.co.nz](mailto:info@akswim.co.nz) Website: [www.akswim.co.nz](http://www.akswim.co.nz)

### Race Events

Each round consists of sprint events, covering all strokes and relays. Depending on the swimmers age, most events are either 1 or 2 lengths of the 25 metre pool.

### Team Fees

The cost for **Primary** and **Intermediate Schools Leagues** are \$400 per team.

### Team Volunteer Requirements at Meets

Each team will need to contribute three volunteers when they compete (two time-keepers and an admin assistant).

### Prizes

The winning teams in each division will be presented with a cup.

In addition, all team members in the top three teams will receive ribbons.

### What to do if your school cannot make up a team

If your school does not have enough swimmers for a team, you may join another local school to form a joint team.

### Interested, what do we do now?

In this package you will find team and individual registration forms.

Please complete and return with payment to;

Auckland Swimming  
 ASA Primary and Intermediate Schools League  
 PO Box 20241  
 Henderson.  
 A/c 12 3011 0757520 00

**Entries and Payments must be received by Friday 29<sup>th</sup> April 2016.**

If you wish to discuss your interest, either call or email either of the hosting clubs:



Kim Munro                      Ph.027 6439454  
 email: [handicapper@swimroskill.co.nz](mailto:handicapper@swimroskill.co.nz)  
 (Roskill Swimming Club)

Sandra Burrow                Ph.021 556960  
 email: [sandra.orewa@gmail.com](mailto:sandra.orewa@gmail.com)  
 (Central City Swimming Club)



# Primary Schools League



## Categories:

Year 5/+ under; Year 6

Boys and Girls

## Team Size:

Minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers. ie comprising 2-5 girls, 2-5 boys of each year.

## Events:

Same program each week.

4 individual (each age group male and female)

25 Freestyle

25 Backstroke

25 Breaststroke

25 Butterfly

4 Mixed Relay events (each age group)

4 x 25 Freestyle relay

4 x 25 Backstroke relay

4 x 25 Medley relay

8 x 25 Grand relay (2 swimmers each age group, male and female – Freestyle)

## Each swimmer may swim:

- A maximum of 2 individual events (ideally only one individual swim per swimmer).
- A maximum of 4 relay events. Note a year 5/+ under may swim up, but a year 6 cannot swim down.

## Cost:

\$400 per team.

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## Intermediate Schools League

**Categories:**

Year 7; Year 8 Boys and Girls

**Team Size:**

Minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers. ie comprising 2-5 girls, 2-5 boys of each year.

**Events:**

Same program each week.

4 individual (each age group male and female)

50 Freestyle

50 Backstroke

25 Breaststroke

25 Butterfly

4 Mixed Relay events (each age group)

4 x 25 Freestyle relay

4 x 25 Backstroke relay

4 x 25 Medley relay

8 x 25 Grand relay (2 swimmers each age group, male and female – Freestyle)

**Each swimmer may swim:**

- A maximum of 2 individual events (ideally only one individual swim per swimmer).
- A maximum of 4 relay events. Note a year 7 and under may swim up, but a year 8 cannot swim down.

**Cost:**

\$400 per team.

Swimming  
AUCKLAND

## **Guidelines for Team Managers**

For many children, their first experience of competitive swimming will be in the ASA Primary and Intermediate Schools League. Also, for many parents, this will be their first experience on 'official duties'. We look forward to this and hope to create an environment that ensures these 'firsts' are positive experiences.

The following helpful notes have been provided for your assistance, particularly for those of you who are accepting a Team Manager's position for the first time:

Team Managers will be notified of their start times.

Swimmers may use the starting blocks or start in the water from the side of the pool. Recognising that for many swimmers this will be their first time 'competing', a 'two-start' rule procedure will be used.

### **Before coming to the Pool**

- Refer to the programme of events and decide which swimmer will swim in which event. Try to give each swimmer the same number of races and be aware of the sequence of races so that the swimmer does not have to swim races too close together. Remember, teams can participate even if there are only a minimal number of members available (subject to the minimum / maximum events ruling as specified in the Information Sheet).
- Contact each swimmer in your team and advise them which team they are in and where and when they will be swimming.
- You will receive notification of your start-time at the pool (which may differ from round to round depending on grading) and lane draw.
- Arrange officials as requested making sure that your Timekeepers know to start and stop their stopwatch.
- During the course of the ASA Primary and Intermediate Schools League round, your volunteer officials may also be expected to act as:
  - Runner
  - Assistant Recorder

### **Upon Arrival at the Pool**

- Make sure the swimmers know which event they are swimming, your team's allocated lane for warm-up and competition, and that they are ready to swim as required.
- Check with your Timekeepers and advise them to report to the Recorder's desk 15 mins before your round begins, to be allocated their lane and be given stopwatches and timekeeping sheets.
- Each swimmer must report back to you immediately after each event and remain with you to be advised of their next swim.
- If you and your team are well organised, you, your new swimmers and their parents will enjoy their first experience of competitive swimming.

### **The order of the Medley Relay is:**

Backstroke  
Breaststroke  
Butterfly  
Freestyle

**POINTS ALLOCATION (7-lane pool)****Individual Events**

Place	Points
1 <sup>st</sup>	7
2 <sup>nd</sup>	6
3 <sup>rd</sup>	5
4 <sup>th</sup>	4
5 <sup>th</sup>	3
6 <sup>th</sup>	2
7 <sup>th</sup>	1

**Relays (except Event #41 Canon Relay)**

Place	Points
1 <sup>st</sup>	14
2 <sup>nd</sup>	12
3 <sup>rd</sup>	10
4 <sup>th</sup>	8
5 <sup>th</sup>	6
6 <sup>th</sup>	4
7 <sup>th</sup>	2

**Event #41 Canon Relay**

Place	Points
1 <sup>st</sup>	21
2 <sup>nd</sup>	18
3 <sup>rd</sup>	15
4 <sup>th</sup>	12
5 <sup>th</sup>	9
6 <sup>th</sup>	6