



ASA Junior League

The ASA League is an initiative by Auckland Swimming. Now in its sixth year, league swimming creates opportunities for participation in swimming as an organised sport, with particular emphasis on team involvement.

The following Quick Facts are expanded further in this information pack:

Quick Facts

How it works

There are two competition seasons available in 2016 (School Terms 2 & 3). Teams will be placed in groups for a seeding round. They will then be placed in divisions for four rounds culminating in a Divisional Final. The emphasis is on fun and participation, but with a real competitive edge.

There are 3 Competitions:

Primary School League

Each round will be approximately 30-35 minutes long.

Intermediate School League

Each round will be approximately 30-35 minutes long.

Junior League

Each round will be approximately 55 minutes long.

2016 Competition Season 1 Dates

Round	Term 2 2016	Pool
1	14 th May (grading)	Cameron Pool, Mt Roskill
2	28 th May	Cameron Pool, Mt Roskill
3	4 th June	Cameron Pool, Mt Roskill
4	18 th June	Cameron Pool, Mt Roskill
5	2 nd July (final)	Cameron Pool, Mt Roskill

Competition Location

Competition is scheduled on Saturday afternoons and will be held for both 2016 seasons at the Cameron Pool, Mt Roskill. Divisions will be allocated a time slot for each round. The time slot will include a warm-up time.

Team Size

For Junior League the minimum team size will be 16 swimmers (8 male and 8 female), with a maximum of 24 swimmers. Every swimmer, regardless of ability, will contribute to the overall team result.

For Primary and Intermediate Schools Leagues minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers, ie 2-5 girls, 2-5 boys of each year.

Teams will be made up of swimmers as follows:

Primary School League school years 5/+ under and 6

Intermediate School League school years 7 - 8

Junior League aged 9 years/+ under, up to 12 years

Douglas Track Building, Trusts Arena,
Central Park Drive, Henderson, Auckland 0610

P.O. Box 21241 Henderson

Phone: (09) 8371290

Email: info@akswim.co.nz Website: www.akswim.co.nz

Race Events

Each round consists of sprint events, covering all strokes and relays. Depending on the swimmers age, most events are either 1 or 2 lengths of the 25 metre pool.

Team Fees

The cost for **Primary** and **Intermediate School Leagues** are \$400 per team.
The cost for **Junior League** is \$600 per team.

Team Volunteer Requirements at Meets

Each team will need to contribute three volunteers when they compete (two time-keepers and an admin assistant).

Prizes

The winning teams in each division will be presented with a cup.

In addition, all team members in the top three teams will receive ribbons.

Interested, what do we do now?

In this package you will find team and individual registration forms.

Please complete and return with payment to;

Auckland Swimming
ASA Junior League
PO Box 20241
Henderson.
A/c 12 3011 0757520 00

Entries and Payments must be received by Friday 29th April 2016.

If you wish to discuss your interest, either call or email either of the hosting clubs:



Kim Munro Ph.027 6439454
email: handicapper@swimroskill.co.nz
(Roskill Swimming Club)

Sandra Burrow Ph.021 556960
email: sandra.orewa@gmail.com
(Central City Swimming Club)



Primary School League

(new this season)



Categories:

Year 5/+ under; Year 6 Boys and Girls

Team Size:

Minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers, ie 2-5 girls, 2-5 boys of each year.

Events:

Same program each week.

4 individual (each age group male and female)

- 25 Freestyle
- 25 Backstroke
- 25 Breaststroke
- 25 Butterfly

4 Mixed Relay events (each age group)

- 4 x 25 Freestyle relay
- 4 x 25 Backstroke relay
- 4 x 25 Medley relay
- 8 x 25 Grand relay (2 swimmers each age group, male and female – Freestyle)

Each swimmer may swim:

- A maximum of 2 individual events (ideally only one individual swim per swimmer).
- A maximum of 4 relay events. Note a year 5 and under may swim up, but a year 6 cannot swim down.

Cost:

\$400 per team.

Intermediate School League (new this season)

Categories:

Year 7; Year 8 Boys and Girls

Team Size:

Minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers, ie 2-5 girls, 2-5 boys of each year.

Events:

Same program each week.

4 individual (each age group male and female)

50 Freestyle

50 Backstroke

25 Breaststroke

25 Butterfly

4 Mixed Relay events (each age group)

4 x 25 Freestyle relay

4 x 25 Backstroke relay

4 x 25 Medley relay

8 x 25 Grand relay (2 swimmers each age group, male and female – Freestyle)

Each swimmer may swim:

- A maximum of 2 individual events (ideally only one individual swim per swimmer).
- A maximum of 4 relay events. Note a year 7 may swim up, but a year 8 cannot swim down.

Cost:

\$400 per team.

Swimming
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Junior League



Categories:

Aged 9/+ under, up to 12 years

Boys and Girls

Team Size:

2 minimum - 4 maximum each age group, male and female. ie: 16-24 per team comprising of 2-4 girls and boys from each year.

Events:

Weeks 1, 3 and 5 are same program.

Weeks 2 and 4 are same program.

4 individual events (each age group male and female)

1 relay event (each age group male and female)

Grand relay – 8 x 25 (2 swimmers each age group, male and female – Freestyle)

Each swimmer may swim:

- A maximum of 2 individual events (ideally only one individual swim per swimmer).
- A maximum of 4 relay events. Note a 9/+ under may swim up, but swimmers cannot swim down.

Cost:

\$600 per team.

Swimming
AUCKLAND

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ASA JUNIOR LEAGUE RULES

Rules specific to the ASA Junior League:

1. All swimsuits must be fabric. No wetsuits are permitted.
2. All swimmers must be registered with the ASA Junior League in order to be eligible to swim in a Final, and must have swum in at least one preceding round.
3. No swimmer may swim more than two individual events in their category, and no more than two additional individual events in a higher category in any round.
4. A swimmer may swim an unlimited number of relays in their own or higher category. No swimmer may swim twice in any relay event.
5. Classification will be made based on the swimmer's age as at 14th May 2016 (ASA Junior League Term 2)
6. The 'one-start' rule will apply.
7. The Session Referee shall determine 1st, 2nd, 3rd placings. The Referee may refer to the timesheets to assist in decisions of 1st, 2nd, 3rd placings. Subsequent placings for each lane will be determined by timekeeper's sheets using either a time averaged from two manual timings on each lane (where available), or the slowest of two manual timings on each lane (where available).
8. The Session Referee's decision will be final.
9. Each team will supply two timekeepers (who will be assigned a lane other than their team lane) and one administration assistant, per session.
10. There will be no marshalling. Team Managers are responsible for ensuring that swimmers are available at the start of each event. The start of events will not be delayed.
11. Team Manager's Sheets must be made available to either Roskill Swimming Club or Central City Swimming Club office no later than Thursday 12 noon preceding the ASA Junior League round. Changes to the team list may be made up to 30 minutes before the start of a session, but Team Managers must supply an updated Team Manager Sheet to the administration desk prior to the start of that session.
12. Points allocation will be made in accordance with the published schedule. Teams will be seeded after the first grading round (random lane draw) and then seeded into subsequent rounds/sessions according to accumulated team points score. In each subsequent session lane allocation will be circle-seeded according to accumulated team points score. For the Final Round, lanes only will be allocated by accumulated team points score from previous rounds.
13. Technical infringements as determined by the Referee will result in relegation to last place for that event (and corresponding points score for that event).
14. For the avoidance of doubt, unless a matter is covered under ASA Junior League Rules, the Referee will use the rules of the ASA (Auckland Swimming Association).

Guidelines for Team Managers



For many children, their first experience of competitive swimming will be in the ASA League. Also, for many parents, this will be their first experience on 'official duties'. We look forward to this and hope to create an environment that ensures these 'firsts' are positive experiences.

The following helpful notes have been provided for your assistance, particularly for those of you who are accepting a Team Manager's position for the first time:

Team Managers will be notified of their start times.

'Over the top starts' will be used in the ASA Junior League. Swimmers may use the starting blocks or start in the water from the side of the pool. Recognising that for many swimmers this will be their first time 'competing', a 'two-start' rule procedure will be used.

Before coming to the Pool

- Refer to the programme of events and decide which swimmer will swim in which event. Try to give each swimmer the same number of races and be aware of the sequence of races so that the swimmer does not have to swim races too close together. Remember, teams can participate even if there are only a minimal number of members available (subject to the minimum / maximum events ruling as specified in the Information Sheet).
- Contact each swimmer in your team and advise them which team they are in and where and when they will be swimming.
- You will receive notification of your start-time at the pool (which may differ from round to round depending on grading) and lane draw.
- Arrange officials as requested making sure that your Timekeepers know to start and stop their stopwatch.
- During the course of the ASA Junior League round, your volunteer officials may also be expected to act as:
 - Runner
 - Assistant Recorder

Upon Arrival at the Pool

- Make sure the swimmers know which event they are swimming, your team's allocated lane for warm-up and competition, and that they are ready to swim as required.
- Over-the-top starts will be used so please ensure that your swimmers are prepared for this. Please consult your coach if unsure.
- Check with your Timekeepers and advise them to report to the Recorder's desk 15 mins before your round begins, to be allocated their lane and be given stopwatches and timekeeping sheets.
- Each swimmer must report back to you immediately after each event and remain with you to be advised of their next swim.
- If you and your team are well organised, you, your new swimmers and their parents will enjoy their first experience of competitive swimming.

The order of the Medley Relay is:

Backstroke
Breaststroke
Butterfly
Freestyle

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POINTS ALLOCATION (7-lane pool)

Individual Events

Place	Points
1 st	7
2 nd	6
3 rd	5
4 th	4
5 th	3
6 th	2
7 th	1

Relays (except Event #41 Canon Relay)

Place	Points
1 st	14
2 nd	12
3 rd	10
4 th	8
5 th	6
6 th	4
7 th	2

Event #41 Canon Relay

Place	Points
1 st	21
2 nd	18
3 rd	15
4 th	12
5 th	9
6 th	6