



ASA Junior League

The ASA League is an initiative by Auckland Swimming. Now in its seventh year, league swimming creates opportunities for participation in swimming as an organised sport, with particular emphasis on team involvement.

The following Quick Facts are expanded further in this information pack:

Quick Facts

How it works

There are two competition seasons available in 2017 (School Terms 2 & 3). Teams will be placed in groups for a seeding round. They will then be placed in divisions for four rounds culminating in a Divisional Final. The emphasis is on fun and participation, but with a real competitive edge. If required, we can organise a coach to assist teams who are new to the competition.

There are 3 Competitions:

Primary School League	Each round will be approximately 30-35 minutes long.
Intermediate School League	Each round will be approximately 30-35 minutes long.
Junior League	Each round will be approximately 55 minutes long.

2017 Competition Season 1 Dates

Round	Term 2 2017	Pool
1	13 th May (<i>grading</i>)	Cameron Pool, Mt Roskill
2	20 th May	Cameron Pool, Mt Roskill
3	27 th May	Dio Pool, Epsom (<i>later start time – tbc</i>)
4	10 th June	Cameron Pool, Mt Roskill
5	1 st July (<i>final</i>)	Cameron Pool, Mt Roskill

Competition Location

Competition is scheduled on Saturday afternoons and will be held for both 2017 seasons at the Cameron Pool, Mt Roskill, except for Round 3 which will be held at Diocesan School Pool, Epsom. Divisions will be allocated a time slot for each round. The time slot will include a warm-up time.

Team Size

For Junior League the minimum team size will be 16 swimmers (8 male and 8 female), with a maximum of 24 swimmers. Every swimmer, regardless of ability, will contribute to the overall team result.

For Primary and Intermediate Schools Leagues minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers, ie 2-5 girls, 2-5 boys of each year.

Teams will be made up of swimmers as follows:

Primary School League	school years 5/under and 6
Intermediate School League	school years 7 - 8
Junior League	school years 5/under, 6, 7 and 8

Race Events

Each round consists of sprint events, covering all strokes and relays. Depending on the swimmers age, most events are either 1 or 2 lengths of the 25 metre pool.

Team Fees

The cost for **Primary** and **Intermediate School Leagues** are \$300 per team for term 2 2017.
The cost for **Junior League** is \$600 per team.

Team Volunteer Requirements at Meets

In addition to each team having a team manager, every team will need to contribute four volunteers when they compete (three time-keepers and an admin assistant).

Prizes

The winning teams in each division will be presented with a cup.

In addition, all team members in the top three teams will receive ribbons.

Interested, what do we do now?

Complete entry form and register your interest with Sandra Burrow or Kim Munro.

Payment to be made to:

Auckland Swimming
ASA Junior League
PO Box 20241
Henderson.
A/c 12 3011 0757520 00

Entries and Payments must be received by Monday 8th May 2017.

If you wish to discuss your interest, either call or email either of the hosting clubs:



Kim Munro Ph.027 6439454
email: handicapper@swimroskill.co.nz
(Roskill Swimming Club)

Sandra Burrow Ph.021 556960
email: sandra.orewa@gmail.com
(Central City Swimming Club)



Primary School League



Categories:

Year 5/under; Year 6 Boys and Girls

Team Size:

Minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers, ie 2-5 girls, 2-5 boys of each year.

Events:

Same program each week.

4 individual (each age group male and female)

25 Freestyle

25 Backstroke

25 Breaststroke

25 Butterfly

4 Mixed Relay events (each age group)

4 x 25 Freestyle relay

4 x 25 Backstroke relay

4 x 25 Medley relay

8 x 25 Grand relay (2 swimmers each age group, male and female – Freestyle)

Each swimmer may swim:

- A maximum of 2 individual events (ideally only one individual swim per swimmer).
- A maximum of 4 relay events. Note a year 5 and under may swim up, but a year 6 cannot swim down.

Cost:

\$300 per team for term 3.

Douglas Track Building, Trusts Arena,
Central Park Drive, Henderson, Auckland 0610

P.O. Box 21241 Henderson

Phone: (09) 8371290

Email: info@akswim.co.nz Website: www.akswim.co.nz

Intermediate School League

Categories:

Year 7; Year 8 Boys and Girls

Team Size:

Minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers, ie 2-5 girls, 2-5 boys of each year.

Events:

Same program each week.

4 individual (each age group male and female)

- 50 Freestyle
- 50 Backstroke
- 25 Breaststroke
- 25 Butterfly

4 Mixed Relay events (each age group)

- 4 x 25 Freestyle relay
- 4 x 25 Backstroke relay
- 4 x 25 Medley relay
- 8 x 25 Grand relay (2 swimmers each age group, male and female – Freestyle)

Each swimmer may swim:

- A maximum of 2 individual events (ideally only one individual swim per swimmer).
- A maximum of 4 relay events. Note a year 7 may swim up, but a year 8 cannot swim down.

Cost:

\$300 per team for term 3.



Swimming
AUCKLAND

Junior League



Categories:

Based on swimmers school year.

- Year 5 and under,
- Year 6,
- Year 7,
- Year 8.

Team Size:

2 minimum - 4 maximum each age group, male and female. ie: 16-24 per team comprising of 2-4 girls and boys from each year.

Events:

Weeks 1, 3 and 5 are same program.

Weeks 2 and 4 are same program.

4 individual events (each age group male and female)

1 relay event (each age group male and female)

Grand relay – 8 x 25 (2 swimmers each age group, male and female – Freestyle)

Each swimmer may swim:

- A maximum of 2 individual events (ideally only one individual swim per swimmer).
- A maximum of 4 relay events. Note a year 5 and under may swim up, but swimmers cannot swim down.

Cost:

\$600 per team.

ASA JUNIOR, PRIMARY & INTERMEDIATE SCHOOL LEAGUE RULES

Rules specific to the ASA Junior League:

1. All swimsuits must be fabric. No wetsuits are permitted.
2. All swimmers must be registered with the ASA Junior, Primary and Intermediate School Leagues in order to be eligible to swim in a Final, and must have swum in at least one preceding round.
3. A swimmer may swim an unlimited number of relays in their own or higher category.
4. Classification for ASA Junior, Primary and Intermediate Leagues will be made based on the swimmer's school year from one of these four categories, i.e. year 5 and under, year 6, year 7 and year 8.
5. The Referee may refer to the timesheets to assist in decisions of 1st, 2nd, 3rd placings. Subsequent placings for each lane will be determined by timekeeper's sheets using a middle time from three manual timings on each lane (where available), or the slowest of two manual timings on each lane (where available).
6. The Session Referee's decision will be final.
7. In addition to each team having a team manager, every team will supply three timekeepers (who will be assigned a lane other than their team lane) and one administration assistant, per session.
8. There will be no marshalling. Team Managers are responsible for ensuring that swimmers are available at the start of each event. The start of events will not be delayed.
9. Team Manager's Sheets must be made available to Admin.
10. Points allocation will be made in accordance with the published schedule. Teams will be seeded after the first grading round (random lane draw) and then seeded into subsequent rounds/sessions according to accumulated team points score.
11. Round 1 is a Grading Round round but points will be accumulated for all 5 rounds.
12. Technical infringements as determined by the Referee will result in relegation to last place for that event (and corresponding points score for that event).
13. For the avoidance of doubt, unless a matter is covered under ASA Junior League Rules, the Referee will use the rules of the ASA (Auckland Swimming Association).
14. If teams are short of either boys or girls they may swim each other's events.

Guidelines for Team Managers



For many children, their first experience of competitive swimming will be in the ASA League. Also, for many parents, this will be their first experience on 'official duties'. We look forward to this and hope to create an environment that ensures these 'firsts' are positive experiences.

The following helpful notes have been provided for your assistance, particularly for those of you who are accepting a Team Manager's position for the first time:

Team Managers will be notified of their start times.

'Over the top starts' will be used in the ASA Junior, Primary and Intermediate School Leagues. Swimmers may use the starting blocks or start in the water from the side of the pool.

Before coming to the Pool

- Refer to the programme of events and decide which swimmer will swim in which event. Try to give each swimmer the same number of races and be aware of the sequence of races so that the swimmer does not have to swim races too close together. Remember, teams can participate even if there are only a minimal number of members available.
- Contact each swimmer in your team and advise them which team they are in and where and when they will be swimming.
- You will receive notification of your start-time at the pool (which may differ from round to round depending on grading) and lane draw.
- Arrange officials as requested.
- During the course of the ASA Junior League round, your volunteer officials may also be expected to act as:
 - Runner
 - Assistant Recorder

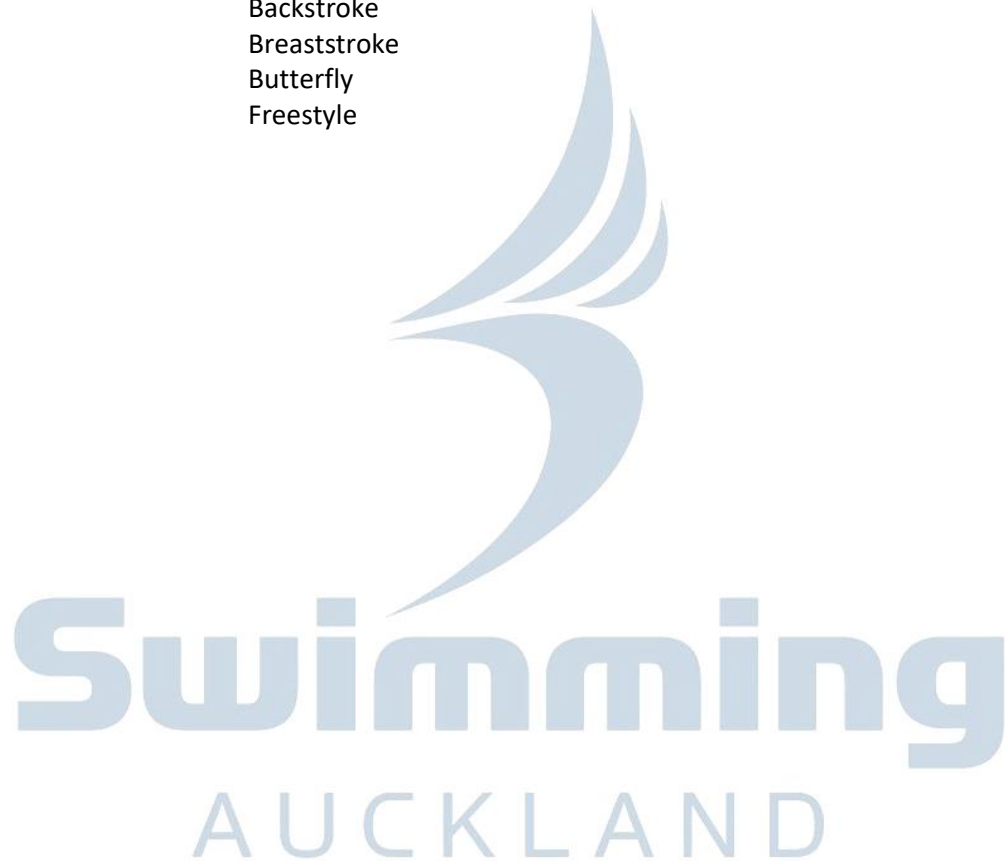
Upon Arrival at the Pool

- Make sure the swimmers know which event they are swimming, your team's allocated lane for warm-up and competition, and that they are ready to swim as required.
- Over-the-top starts will be used so please ensure that your swimmers are prepared for this. Please consult your coach if unsure.
- Check with your Timekeepers and advise them to report to the Recorder's desk 15 mins before your round begins, to be allocated their lane and be given stopwatches and timekeeping sheets.
- Each swimmer must report back to you immediately after each event and remain with you to be advised of their next swim.
- If you and your team are well organised, you, your new swimmers and their parents will enjoy their first experience of competitive swimming.
- NO diving during warm-up. Swimmers must enter the pool feet first at the beginning of warm-up.
- Health and safety is everyone's responsibility.
 - Coaches and/or team managers are responsible for their teams and are expected to enforce any rules and regulations of the meet, the facility provider, ASA and SNZ.
 - Prior to entering swimmers, coaches must ensure participants have sufficient skill, experience and an understanding of safety to enter.

- Coaches must assess the health of their swimmers prior to, on the day of and during the event and withdraw swimmers who are injured or unwell.
- Teams must ensure minimum supervision of 2 adults (coach and team manager) per 12 swimmers entered.
- No photography is permitted on pool deck during the swim meet unless prior permission has been obtained from the Roskill Swimming Club committee.

The order of the Medley Relay is:

Backstroke
Breaststroke
Butterfly
Freestyle





ASA JUNIOR, PRIMARY & INTERMEDIATE SCHOOL LEAGUE

ENTRY FORM

Term 2 2017

(to be emailed by 8th May 2017 to Kim: handicapper@swimroskill.co.nz)

Name of Team: _____

Contact Person: _____

Contact details: Email: _____

Mobile: _____

Indicate which League Competition you wish to enter: *(please circle)*

Primary School League

Intermediate School League

Junior League

If you are entering for the **first** time we can organise a coach to assist you: *(please circle)*

Yes we require coaching assistance

No we do not require coaching assistance

By entering ASA Junior, Primary & Intermediate School League you agree with the rules and details outlined in the poster.