



## ASA Primary and Intermediate Schools League

### Primary School League

**Categories:**

Year 5/under; Year 6 Boys and Girls

**Team Size:**

Minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers, ie 2-5 girls, 2-5 boys of each year. A recommended team will comprise of 12-16 swimmers which allows for sickness etc.)

**Events:**

Same program each week.

4 individual (each age group male and female)

25 Freestyle

25 Backstroke

25 Breaststroke

25 Butterfly

4 Mixed Relay events (each age group)

4 x 25 Freestyle relay

4 x 25 Backstroke relay

4 x 25 Medley relay

8 x 25 Grand relay (2 swimmers each age group, male and female – Freestyle)

During the Term 3 2018 competition, with support from Drowning Prevention Auckland, we will be introducing and trialing a life-saving element to an event in our programme.

**Cost:**

\$240 per team for term 3.

Douglas Track Building, Trusts Arena,  
Central Park Drive, Henderson, Auckland 0610  
P.O. Box 21241 Henderson

Phone: (09) 8371290

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## Intermediate School League



**Categories:**

Year 7; Year 8                      Boys and Girls

**Team Size:**

Minimum team size will be 8 swimmers (4 male and 4 female), with a maximum of 20 swimmers, ie 2-5 girls, 2-5 boys of each year. A recommended team will comprise of 12-16 swimmers which allows for sickness etc.)

**Events:**

Same program each week.

4 individual (each age group male and female)

- 50 Freestyle
- 50 Backstroke
- 25 Breaststroke
- 25 Butterfly

4 Mixed Relay events (each age group)

- 4 x 25 Freestyle relay
- 4 x 25 Backstroke relay
- 4 x 25 Medley relay
- 8 x 25 Grand relay (2 swimmers each age group, male and female – Freestyle)

During the Term 3 2018 competition, with support from Drowning Prevention Auckland, we will be introducing and trialing a life-saving element to an event in our programme.

**Cost:**

\$240 per team for term 3.



## ASA PRIMARY AND INTERMEDIATE SCHOOL LEAGUE RULES

Outside of these Rules teams need to get written approval from meet organisers.

Rules specific to the ASA Primary and Intermediate Schools League:

1. All swimsuits must be fabric. No wetsuits are permitted. Swimmers must refrain from wearing tech racing suits.
2. All swimmers must be registered with the ASA Primary and Intermediate School Leagues in order to be eligible to swim in a Final, and must have swum in at least one preceding round.
3. Classification for ASA Primary and Intermediate Leagues will be made based on the swimmer's school year from one of these four categories, i.e. year 5 and under, year 6, year 7 and year 8.
4. The Referee may refer to the timesheets to assist in decisions of 1st, 2nd, 3rd placings. Subsequent placings for each lane will be determined by timekeeper's sheets using a middle time from three manual timings on each lane (where available), or the slowest of two manual timings on each lane (where available).
5. The Session Referee's decision will be final.
6. In addition to each team having a team manager, every team will supply three timekeepers (who will be assigned a lane other than their team lane) and one administration assistant, per session. i.e. each team will supply **FOUR** volunteer helpers. Team managers are required to email FOUR helpers names by each Thursday prior to racing and duties will be assigned and confirmed prior to Saturday racing. Team volunteers must report to admin by the beginning of warmup.
7. There will be no marshalling. Team Managers are responsible for ensuring that swimmers are available at the start of each event. The start of events will not be delayed.
8. Team Manager's Sheets must be given to Admin at the beginning of each session.
9. Points allocation will be based on times swum for each individual swim. After the 1<sup>st</sup> round teams may be seeded at admin's discretion. Finals may be reseeded at admin's discretion.
10. Technical infringements as determined by the Referee will result in relegation to last place for that event (and corresponding points score for that event).
11. For the avoidance of doubt, unless a matter is covered under ASA Primary and Intermediate Schools League Rules, the Referee will use the rules of the ASA (Auckland Swimming Association).
12. If teams are short of either boys or girls they may swim each other's events.  
Note: Primary School League a year 5 and under may swim up, but a Year 6 is not allowed to swim down.  
Intermediate School League a year 7 and under may swim up, but a Year 8 is not allowed to swim down.



13. If a relay team is short of a swimmer, the team may swim a swimmer twice so that the team is able to participate. The team will then be relegated to last place as a team must consist of individual members.
14. The order of racing will be 1<sup>st</sup>: Primary School heats, 2<sup>nd</sup>: Intermediate School heats.
15. If a school cannot get enough swimmers to make up one team, two schools only may combine to make one team. If a swimmer's school is entering a team they must swim for their own school. Teams must disclose whether they are a single-school team or if they are a combined-school team.
16. **NO DIVING OFF THE BLOCKS.** Swimmers may use the wall next to the blocks or start in the water at the start of their lane during racing. The blocks are out of bounds during ASL. No diving during warmup. Swimmers must enter the pool feet first at the beginning of warm-up

### **Guidelines for Team Managers**

For many children, their first experience of competitive swimming will be in the ASA Primary and Intermediate Schools League. Also, for many parents, this will be their first experience on 'official duties'. We look forward to this and hope to create an environment that ensures these 'firsts' are positive experiences.

The following helpful notes have been provided for your assistance, particularly for those of you who are accepting a Team Manager's position for the first time:

Team Managers will be notified of their start times and updates will be posted on ASL facebook page. Please encourage your parents to 'like' our page. <https://www.facebook.com/aucklandswimmingleague/>

'Over the top starts' will be used in the ASA Primary and Intermediate School Leagues. Swimmers may use the wall next to the blocks or start in the water from the side of the pool.

### **Before coming to the Pool**

- Refer to the programme of events and decide which swimmer will swim in which event. Try to give each swimmer the same number of races and be aware of the sequence of races so that the swimmer does not have to swim races too close together. Remember, teams can participate even if there are only a minimal number of members available.
- Contact each swimmer in your team and advise them which team they are in and where and when they will be swimming.
- You will receive notification of your start-time at the pool
- Arrange FOUR officials as requested. Names to be emailed by Thursday prior to racing. Officials to report to admin at the beginning of warmup.
- During the course of the ASA Primary and Intermediate Schools League round, your volunteer officials may also be expected to act as: Runner, Chief Timekeepers, Basic Refereeing duties or Admin. Training will be given.

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### **Upon Arrival at the Pool**

- Make sure the swimmers know which event they are swimming, your team's allocated lane for warm-up and competition, and that they are ready to swim as required.
- Over-the-top starts will be used so please ensure that your swimmers are prepared for this. Please consult your coach if unsure.
- Check with your FOUR volunteers and advise them to report to the Admin desk at the beginning of warmup, to be allocated their duties, lanes and be given stopwatches and timekeeping sheets.
- Each swimmer must report back to you immediately after each event and remain with you to be advised of their next swim.
- If you and your team are well organised, you, your new swimmers and their parents will enjoy their first experience of competitive swimming.
- NO diving off blocks or during warm-up. Swimmers must enter the pool feet first at the beginning of warm-up.

**Only team coaches, managers, swimmers and meet administrators are allowed on pooldeck.**

### **The order of the Medley Relay is:**

Backstroke    Breaststroke    Butterfly    Freestyle

