

Onehunga Swimming Club & Mt Wellington Swimming Club

EASTERN ZONE LEVEL 3 DEVELOPMENT MEET

Onehunga Pool, 1 Park Gardens, Onehunga (Jellicoe Park)
25m pool x 6 lanes

Sunday, 15 May 2022

Warm Up: 2pm

Start: 2.30pm

EVENTS

1. 100 IM
2. 25m Fly
3. 50 Breast
4. 100m Free
5. 50Back
6. 100 Breast
7. 4x25 Medley Relay*

MEET CONDITIONS

MEET TO BE SWUM UNDER SNZ RULES AND ASA LOCAL RULES.

In line with ASA's previous advice, this meet is only open to HPK, Mt. Wellington, Parnell, United & Onehunga Clubs

Races will be mixed boys/girls and graded scratch. Time buster ribbons will be awarded.

The meet is self-marshalling. Failure to report to the start 2 races prior may be deemed a late scratching. All events will be timed finals and placings will be declared on times. The one start rule will apply. Age Groups: 8 & under, 9, 10, 11, 12, 13, 14, 15 & over. 'No Time' entries are acceptable. Late entries (\$10) are at the discretion of the Controller and only if a spare lane is available.

Refunds will be made for scratchings only if accompanied by a medical certificate within 48 hours after the meet. Please notify scratchings to the controller as soon as they are known.

Poolside Officials: ASA will endeavour to obtain the necessary number of officials but the number on poolside may be more or less than the requirement set out in SNZ rules.

All participants must agree to comply with the Sports Anti-doping Rules.

*Event 7 has no entry fee and is a mixed relay (2 x male, 2 x female). Relay entry forms will be issued to clubs at the start of the meet. Relays only if time permits.

PLEASE NOTE THAT THE ASA TECH SUIT RESTRICTION POLICY APPLIES TO ALL 12/U SWIMMERS.

Swimmers who are unsure if their suit complies are encouraged to take it to the Referee before the start of the meet. Team Managers/coaches are encouraged to check that their swimmer's suits comply BEFORE the start of the meet.

EACH CLUB PLEASE NOMINATE ONE TIMEKEEPER PER FOUR SWIMMERS TO A MAXIMUM OF FOUR,
UNLESS MORE ARE REQUESTED BEFORE OR AT THE MEET.
PROGRAMMES WILL BE GIVEN TO NOMINATED OFFICIALS ONLY.

Programmes will be posted on the Onehunga Club website (<https://uk.teamunify.com/team/ohsc/page/home>) by 6pm on Friday 13 May

ENTRIES CLOSE – Sunday 8th May @ 12 midnight

Entries and payment shall be made through the SNZ database.

Entries are restricted to swimmers who have not achieved current level 1 or 2 times.

ENTRY FEE: \$6.00 PER EVENT.

Onehunga Swimming Club, manager.onesc@gmail.com

Mt Wellington Swimming Club, PO Box 14 430, Panmure

Controller: Max Walker Ph 021 609789

Email: maxwalker@xtra.co.nz

COVID 19: Masks shall be worn at all times unless swimming.

Note: Spectator seating is very limited and is offered on a first come first served basis.