

# CENTRAL ZONE LEVEL 3 SWIM MEET



**SUNDAY**  
**28.10.18**



**WARM UP: 2:00PM**  
**START: 2:30PM**  
No pool entry permitted prior to 1pm.



**THE CENTENNIAL CENTER FOR  
WELLBEING, ST CUTHBERTS  
COLLEGE. MARKET RD, EPSOM**  
Parking is on the road only.

## EVENTS

- |                           |                                  |                                 |
|---------------------------|----------------------------------|---------------------------------|
| <b>1</b> 100m Freestyle   | <b>7</b> 200m Freestyle (Top 16) | <b>13</b> 200m IM (Top 16)      |
| <b>2</b> 50m Breaststroke | <b>8</b> 25m Freestyle           | <b>14</b> 50m Butterfly         |
| <b>3</b> 25m Backstroke   | <b>9</b> 100m Backstroke         | <b>15</b> 4x25m Freestyle Relay |
| <b>4</b> 100m IM          | <b>10</b> 25m Breaststroke       | <b>16</b> 4x25m IM Relay        |
| <b>5</b> 50m Freestyle    | <b>11</b> 50m Backstroke         |                                 |
| <b>6</b> 25m Butterfly    | <b>12</b> 100m Breaststroke      |                                 |



## MEET CONDITIONS

- Meet swum under SNZ and local rules.
- Age as at day of meet.
- All timed finals graded scratch.
- All placings declared on times.
- All times to be converted to short course.
- No time trials permitted.
- Late entries \$10 per event, only if there is a spare lane and at controller discretion, heats will not be reseeded.
- Clubs to supply 1 time keeper or IOT per 4 swimmers to a max of 4 unless requested before the meet for more.
- No swimmers may have achieved a level 1 or level 2 time.
- Refunds only on the sighting of a medical certificate within 48 hours of the end of the meet.
- Swimmers must report to marshalling 6 heats before their races.
- ASA will endeavor to obtain the necessary number of officials but the number on poolside may be more or less than required as set out in SNZ rules.
- All participants must agree to comply with the Sports Anti-doping rules.
- Ribbons awarded for each heat on day or posted out.
- Entries \$5.00 per individual event. Event 15 and 16 are free.
- Please note that the ASA Tech Suit Restriction Policy applies to ALL 12/ U SWIMMERS.

**ENTRIES CLOSE**  
**5pm Saturday 20 October 2018**

**Enter via SNZ MyPage**